



John Paul II High School

August 2010



Menu Subject to Change Without Notice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>1 Chef Salad w/ Baked Potato Avail- able / Milk, Choco- late Milk Available with Meal</i></p>	2	3	4	5	6	7
8	<p><i>9 Spaghetti 'n Meat Balls, Steamed Green Beans, Garlic Bread, Orange</i></p>	<p><i>10 Steak Fingers, Mash Potatoes, Gravy, Steamed Corn, Apple Sauce</i></p>	<p><i>11 Breaded Chicken On a bun, Crinkle Cut Potatoes Ranch Style Beans, Lite Fruit Cocktail</i></p>	<p><i>12 Salisbury Steak, White Rice, Steamed Carrots, Roll , Lite Pears</i></p>	<p><i>13 Beef Burrito, Chili Cheese, Spanish Rice, Refried Beans, Sugar Free Cookie</i></p>	14
14	<p><i>16 Chicken Parme- san, Penne Pasta, Steamed Green Beans, Garlic Bread , Orange</i></p>	<p><i>17 Cheeseburger on a Wheat Bun, Baked Potato Wedges Hamburger Salad, Apple Sauce</i></p>	<p><i>18 Tortellini with Alfredo Sauce, Green Beans, Garlic Bread, Lite Fruit Cocktail</i></p>	<p><i>19 Cheese Enchiladas, Refried Beans, Spanish Rice, Lite Peach Slices</i></p>	<p><i>20 Grilled Ham & Cheese, Cheesy Macaroni, Vegetable Soup, Sugar Free Cookie</i></p>	21
22	<p><i>23 Cheese Ravioli, Steamed Green Beans, Garlic Bread , Orange</i></p>	<p><i>24 Chicken Strips with Country Gravy, Mashed Potatoes, Steamed Corn, Applesauce</i></p>	<p><i>25 Beef Tacos Spanish Rice, Refried Beans, Lite Fruit Cocktail</i></p>	<p><i>26 Foot long Hot Dogs, Baked Potato Wedges, Steamed Carrots Lite Peach Slices</i></p>	<p><i>27 Sloppy Joe on a Bun, Corn on the Cob, Ranch Style Beans, Sugar Free Cookie</i></p>	28
29	<p><i>30 Chicken Alfredo, Penne Pasta, Green Beans, Garlic Bread, Orange</i></p>	<p><i>31 Grilled Ham & Cheese, Cheesy Macaroni, Vegetable Soup, Lite Pears</i></p>	<p><i>1 Ft. Long Corn Dog, Baked Fries, Corn on the Cob, Lite Fruit Cocktail</i></p>	<p><i>2 Chicken Fried Steak, Mash Pota- toes, Gravy, Steamed Carrots, Lite Peaches</i></p>	3	4
					<p><i>1/2 Day No Lunch</i></p>	